

HERITAGE CHRISTIAN ACADEMY



CHARGERS

ATHLETIC HANDBOOK

HERITAGE

CHRISTIAN ACADEMY

ATHLETIC DEPARTMENT

STATEMENT OF PURPOSE

Heritage Christian Academy athletic programs strive to provide a setting for our student -athletes to develop and display **Christ-like character** in all situations.

PROGRAM PHILOSOPHY AND GOALS

Heritage Christian purposes to help meet the physical, emotional and spiritual needs of young people through the provision of a variety of athletic programs. Well organized and managed athletic programs convey many Biblical principles taught by the Lord Jesus. Unity, others first, stewardship, commitment, self-control and respect for authority are only a few principles that characterize individuals who are working together to build a team that honors the Lord Jesus. Those who are involved with a desire and commitment to honor the Lord will immeasurably gain from the opportunities provided through specific athletic programs.

ATHLETIC GOALS AND COMMENTS

The process and programs provided for achieving our purposes are filled with many unique opportunities. The Heritage Christian athletic program strives to help provide athletes, coaches, parents and fans with four distinct opportunities:

- (1) The opportunity to *disciple* each other toward greater perfection in Christ.
- (2) The opportunity to develop *skills* in areas of physical and athletic competency.
- (3) The opportunity to use the talents and time God has given as a *witness* to others.
- (4) The opportunity to *support* and *enjoy* the collective efforts of teams that focus on honoring the Lord Jesus.

It is God who desires to take all these components and weave them together in ways that honor His Son, the Lord Jesus Christ. He uses the athlete's desire to compete, the fan's supportive enthusiasm and our response to the rules of the game as opportunities for us to witness to an unbelieving world and, on occasion, even to fellow believers. How we respond to the circumstances inherent in the challenge before us at any given time is of great interest to God. Paul, in his letter to the Philippians, set the standard:

"Whatever happens, conduct yourselves in a manner worthy of the Gospel of Christ." (Phil. 1:27).

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I. SPORTSMANSHIP

Athletes, coaches, fans, and parents at Heritage Christian Academy are expected to display an attitude of Christ-likeness before, during and after athletic contests. This includes attitudes toward our own team members, coaches, opposing teams, fans, and officials.

ATHLETES – We believe all HCA athletes should be diligent in preparation, relentless in effort, disciplined by nature, respectful in actions, self-controlled with words, humble in spirit, and aggressive in the pursuit of excellence without regard to the score, opponent, time, or official. As Christian athletes display these characteristics, good things usually happen: teams are successful, players are motivated, fans and supportive and enthusiastic, parents are proud, perspective athletes want to participate, and hopefully non-believers are drawn to Christ.

HCA COACHES – Because of our commitment to excellence, coaches at HCA are one of the most significant components of our athletic program. They have the responsibility to model Christ-like attitudes and behavior for our student athletes and parents while under pressure themselves. They are participants and mentors at the same time. One of the most pivotal roles of the coach is to develop athletes who reveal Christ-like behavior while under competitive pressures. Coaches have great responsibilities, but also great opportunities, to mold young lives for Christ.

Any coach receiving an unsportsmanlike penalty (technical foul, yellow or red card) will be required to meet with the Athletic Director following the first offense and with the Athletic Director and HCA President for any subsequent offenses. Any coach with repeat offenses may be subject to suspension or dismissal.

HCA PARENTS AND FANS – Fans are an integral part of all athletic events. They serve to validate the positive values learned through athletics and to support the efforts and successes of HCA teams and athletes. It is required that fans refrain from negative comments toward officials, coaches, or players involved in a contest. All parents should be proud and positive supporters of their student athletes. Likewise, athletes should be proud of their parents' behavior as spectators and level of involvement. Positive encouragement offered to support both the athlete and his/her team will contribute toward reaching their fullest potential.

GENERAL COMMENTS ON RELATIONSHIPS

Being a parent is often challenging. This effort and responsibility is frequently complicated by being a parent of an athlete. The best way to help your athlete is to provide encouragement and to be positive, both at home and in the stands. If there's a problem, have your child talk to his/her coach. If the problem is not resolved or if it is of a serious nature, then call the coach yourself. If no solution can be reached at that point, then call the athletic director to set up a meeting with all parties involved. Know that you are the most important person in your child's life, and that he/she wants you to be proud of him/her. Be in the stands, rain or shine, and cheer. This part of the handbook, with its guidelines and suggestions, will give you some insights into this responsibility.

The Player-Coach Relationship: Unfortunately, through televised games and the more recent proliferation of cable TV, many adults feel that they understand or perhaps know more than many coaches. Everyone becomes an expert. This newfound expertise may heighten your appreciation of a sport, as a parent; however, you are not the coach. The player-coach relationship is perhaps the most critical relationship in athletics. Unfortunately, a parent can have a pronounced effect on this very important and delicate relationship. While you may not agree with all decisions of a coach, how and when you express your feelings can have a distinct effect upon your child. If you express a negative opinion in the presence of your child, you need to remember that he or she will return to practice the next day and may carry with him or her your convictions. Your son or daughter will then have to interact with this coach. You, as the parent, can greatly affect this delicate relationship. Receiving technical or strategic instruction at home may interfere and conflict with the instructional process at practice sessions and games. This may ultimately impede your son's or daughter's progress and affect his or her playing time or even winning a starting position.

The Parent-Coach Relationship: In your role as a parent, you obviously love and are concerned about your child's welfare. You want the best for him or her. But an athlete can have only one coach. Allowing the coach to instruct and guide the team is crucial in many respects. Should you have any questions or concerns, do not approach the coach immediately at the conclusion of a contest. At this time, coaches have other responsibilities and it may be an emotional time. Call and make an appointment for a later time and approach this meeting in a calm, courteous and logical manner. One of the responsibilities which a coach has at the conclusion of a contest is to have a brief meeting with his or her players. Athletes should not pause to talk to parents or friends immediately after games. These brief meetings are essential to the learning process involved in athletics.

The Parent-Player Relationship: Some parents may try to live through their child's athletic efforts. Being positive and supportive is important, but adding pressure and unrealistic expectations can be extremely harmful. Allow your son or daughter to enjoy and grow from this valuable experience. In numerous national studies, it has been determined that most athletes participate for enjoyment or fun. Excessive pressure or expectations can alter this most fundamental reason for playing. When you do speak with your child after a contest, don't dwell on his or her play, how many points they scored or if they started. Instead, first ask how the team did? Did your son or daughter play hard and give 100%?

Relationship With Officials: There is an age-old refrain often used by irate fans. "How much are you paying the officials?" The home school does not choose the officials; officials are assigned by a scheduler. Officials agree to and follow a code of ethics. They really do not care or have a vested interest in which team emerges as the victor. It is also important to understand that they are a very necessary part of a game. A contest cannot be played without them. So while you may not agree with all of their calls, (who does?), please do not harass and taunt them. It is also important to remember that they are in charge of the contest and have complete authority to have unruly spectators removed. In many sports, a team will see the same official several times during a season. Coaches,

athletic directors, administrators and schools often work hard to establish a rapport and good working relationship which can easily be damaged by spectators.

Spectator-Cheerleader: Cheerleaders try to infuse spirit into the fans/spectators and to lead them in selected cheers. Taking this responsibility into your own hands is not appropriate. Fans who leave the stands to direct cheers may often cause or lead to confrontations with the opponents. Following the cheerleaders' directions, therefore, is absolutely necessary at all athletic contests. The emotion and atmosphere at athletic contests can be very exciting and the cheerleaders need to be allowed to direct and control this aspect of the event.

GENERAL SPORTSMANSHIP GUIDELINES

Expectations for Spectator Behavior

- Applaud players for their efforts
- Accept the decisions of officials
- Appreciate participants for their commitment
- Support school personnel in conducting an orderly and spirited contest
- Maintain composure when things seem to go against your team
- Respect the rights of other spectators
- Reward sportsmanlike behavior through cheering
- Focus attention on positive aspects of competition
- Encourage players by showing enthusiasm and positive recognition
- Demonstrate concern for the safety and welfare of athletes

Since athletics should be educational in nature, it is important that all parents demonstrate good sportsmanship and serve as role models for our athletes and students.

Sportsmanship is an overt display of respect for the rules of sport and for all others. It also involves a commitment to fair play, ethical behavior, and integrity. This means:

- There can be no vulgar or inappropriate language from our fans or spectators.
- Taunting or trash talking of our opponents and their cheerleaders cannot be tolerated.
- Spectators cannot leave the bleachers or enter onto the court or field during a contest.
- Fans should be supportive and positive. Cheering should be done for our team and not against our opponent.
- We should not impede or interfere with our opponent's cheerleaders from leading their cheers.
- In some specific sports such as basketball and volleyball, we should not yell at an opponent during a foul shot or as a player attempts to serve.
- School officials have the authority to remove a spectator (s) from a contest for unruly or improper conduct. The individual (s) may be removed for the duration of a particular contest or for any extended period of time depending on the severity or frequency of the improper conduct.

Remember these young men and ladies are students and not professional athletes. They will make errors in the course of competition, as will game officials and coaches. However, all participants are trying their best. Negative criticism and booing will not

help them to improve and are unacceptable forms of expression at this event. You can assist in their development as athletes by focusing attention on the positive aspects of their performance. Your cooperation is important and is appreciated.

ACCEPTABLE BEHAVIORS

- Applaud during the introduction of players, coaches and officials
- Recognize a player's performance who has fouled out with applause from both sets of fans and with a hand shake from opponents.
- Accept all decisions of officials.
- Shake hands at end of contest between participants and coaches regardless of the outcome.
- Treat the competition as a game and not a war.
- Search out and congratulate opposing coaches and players.
- Show concern for an injured player regardless of which team he or she plays for.
- Encourage only sportsmanlike conduct which includes class, dignity and respect.

UNACCEPTABLE BEHAVIORS

- Yelling or waving arms during opponent's free-throw attempts.
- Performing disrespectful or derogatory yells, chants, songs, or gestures.
- Booing or heckling an official's decision.
- Criticizing officials in any way; displays of temper with an official's call.
- Yelling anything that might antagonize the opponents.
- Refusing to shake hands or give recognition for good performances.
- Blaming loss of game on official, coaches, or participants.
- Taunting or name-calling to distract an opponent.
- Using profanity or displays of anger that draws attention away from the game.
- Performing your own cheers instead of following lead of the cheerleaders.

II. CONFLICT RESOLUTION

When expressing an occasional concern with a coach, please refer to and use the following guidelines:

- Never approach a coach immediately after a contest. This is not the proper time or place for a discussion concerning your child or the team.
- Call the following day and make an appointment time that is convenient for both you and the coach to meet.
- Raise your concern in a calm and civil manner. Raising your voice, being rude or using abusive language is totally unacceptable.
- Once you have stated your question or concern, listen to the explanation. Listening receptively may really help you to understand any explanation which is given.
- While you may not agree with all decisions of a coach, how and when you express your feelings can have a distinct effect upon your child. If you express a negative opinion in the presence of your child, you need to remember that he or she will return to practice the next day and may carry with him or her your convictions.
- Always express your concerns directly to the coach, not to other parents. If you

are unable to resolve your concern with the coach, please contact the Athletic Director to arrange a meeting between yourself, the coach, and the AD.

III. ELIGIBILITY

AGE/GRADE – Any student who reaches nineteen on or before September 1, shall be ineligible for interscholastic activities. Any student who reaches nineteen after September 1, shall be eligible for the remainder of that school year. Any student who reaches sixteen for the ninth grade after September 1 shall be eligible for JrHi interscholastic activities for the remainder of that school year.

For each sport offered, athlete's grade must correspond to the level in which the athlete competes. Elementary athletes must be enrolled in the grade division in which they compete. JrHi athletes must be enrolled in grade 8 or lower. JV athletes must be enrolled in grades 11 or lower.

ACADEMIC - Eligibility is defined as maintaining a passing grade (64%) in all courses. Eligibility is determined on a weekly basis beginning with the 3rd week of each semester and is the cumulative score for that semester. Teachers are required to report each Monday morning students who do not currently have a passing grade for that semester. Students deemed ineligible will remain ineligible until the next Monday's report.

BEHAVIORAL – Athletes at Heritage Christian Academy are expected to display an attitude of Christ-likeness before, during and after athletic contests. This includes attitudes toward our own team members, coaches, opposing teams, fans, and officials. Team members should congratulate opponents after a game with a customary handshake and kind word. Physical and/or verbal abuse aimed at an opponent, official, coach, or teammate will result in immediate discipline by the coach, and possibly, the administration. Taunting and/or inappropriate language directed toward an opponent or teammate is not "part of the game", and is inconsistent with the mission of Heritage Christian Academy.

Unsportsmanlike penalties - Any athlete receiving a penalty for unsportsmanlike conduct (technical in basketball, yellow card or red card in soccer) will be suspended for the remainder of that game and the next but will be expected to sit on the bench and support his/her team. All ejections are to be reported to the athletic director no later than the day after the ejection takes place.

Coaches, the Athletic Director, or the HCA administration reserve the right to suspend a player from participation in practice and games if in their judgment the player is not displaying an attitude of Christ-likeness either at school or athletic competition. Any athlete serving more than one suspension for unsportsmanlike behavior in a season will be ineligible to letter in that sport. In severe displays of poor attitude and unsportsmanlike conduct, the coaches and administration reserve the right to call for an athlete's removal from the team.

ATTENDANCE – Except in the case of a family emergency, an athlete is expected to be in attendance for at least ½ day on the day of a game in order to be eligible to participate

in that game.

FULL-TIME STUDENT – An athlete must be a full-time student in order to be eligible to participate in the HCA athletic program. A full-time student is defined to be a student enrolled in at least 5 credit classes or the equivalent.

ANNUAL PHYSICAL – Every athlete must have an annual physical form (the KSHSAA form) on file with the Athletic Director before beginning practice or competition in any sport.

EMERGENCY MEDICAL FORM – Every athlete must have an emergency medical/parental waiver from on file with the Athletic Director before beginning practice of competition in any sport.

IV. COMPETITION GUIDELINES

ATHLETIC ACTIVITIES OFFERED

- Soccer (Boys and Girls)
- Volleyball (Girls)
- Basketball (Boys and Girls)
- Baseball (Boys)
- Track (Boys and Girls)
- Cheerleading (Girls)

MAXIMUM NUMBER OF ATHLETES/TEAM

- Soccer – 20
- VB – 12
- Basketball – 12
- Baseball – 16

HOW MANY TEAMS?

- Boys soccer – Varsity, JV, JrHi
- Girls soccer – Varsity
- Volleyball – Varsity, JV, JrHi (as many as needed)
- Boys basketball – Varsity, JV, JrHi (as many as needed)
- Girls basketball – Varsity, JrHi (as many as needed)
- Baseball – Varsity

COMPETITION DIVISIONS

ELEMENTARY (Grades 6 and below) – Developmental

- Playing Time – Players should expect to play at least 25% of each competition.
- Cuts – There are no cuts at this level. HCA will make every effort to field sufficient teams to meet the demand. An effort will be made to evaluate players in order to form teams by skill level.

JUNIOR HIGH (Grades 7 & 8) – Competitively developmental

- Playing Time – Players should expect to play in each game. The length of their participation may vary from game to game and is entirely at the discretion of the coach.
- Cuts – There are no cuts at this level. HCA will make very effort to field sufficient teams to meet the demand.
- Tryouts – In the event of sufficient interest, tryouts will be held to evaluate players prior to forming multiple teams by skill level. Each team will have a schedule that includes MCAA games as well as KCMPSL games.

SENIOR HIGH (Grades 9-12) – Competitive

- Playing Time – Playing time is not guaranteed and is entirely at the discretion of the coach.
- Tryouts – In the event of sufficient interest, tryouts will held to evaluated players prior to forming multiple teams. There may be both a Varsity (9-12) and JV (9-11) team in this division. In that event, the top players in grades 9-12 will be assigned to the varsity team.
- Cuts – There could be cuts at this level if the demand exceeds the number of available roster positions for Varsity and JV. It is the responsibility of each coach to meet individually with each player that is cut, explain the reason(s) why he was cut, answer any questions the player might have, and offer suggestions to help the athlete improve.

NOTES:

- Playing time objectives assume that the athlete is in good standing academically, has met all team rules, and demonstrates conduct consistent with the student and athlete code of conduct.
- An athlete that is part of the regular playing rotation (as reasonably understood) on the varsity team is not eligible to participate at a lower level.
- If there are insufficient numbers, the athletic director may choose, entirely at his/her discretion, to allow 9th grade students to participate in some JrHi athletic competition.

GENERAL COMMENTS ON COMPETITION LEVELS

JrHi and JV Teams exist to provide those athletes who are unable to participate on the varsity squad an opportunity to develop skills and gain experience. While the athlete's age, size, or skill level may be the limiting factor in not making the varsity team, participation on a JrHi or JV team may enhance the athlete's potential to make the varsity squad in the future. A caution, however, must also be given. Being a member of a JrHi or JV team does not guarantee that an athlete will automatically move up the following year to the varsity squad. The athletes best suited for varsity competition will make the squad each year.

Striving to win is important in athletics. However, compiling a great record or winning a championship should not be the primary objective of a JrHi team. The development of athletes should be the ultimate purpose of a JrHi squad, while at the same time acknowledging the value of winning, learning, and enjoying being a member of a team.

SCHEDULING

- No games or practices scheduled on Wednesdays.
- AD or Asst AD responsible for scheduling games and practices
- Practices limited to 90 minutes/day on school days
- Limited number of Saturday practices by special request from head coach

DOCUMENTS REQUIRED ANNUALLY

- KSHSAA Physical Examination Form (Athletes)
- Emergency Contact Form (Athletes)
- Code of Conduct Form (Athletes, Parents, Coaches)

ATHLETIC DRESS CODE

- Athletes in uniform or school dress code at all games
- No “skins” practices
- No tank top styles for young ladies
- Shorts and skirts mid-thigh length or longer

VI. STEWARDSHIP

Each team member is expected to show utmost respect and care for both HCA and any host school’s property and facilities. Cleanliness of all facilities is to be maintained. Often teams will be meeting in classrooms of other schools. HCA participants are expected to respect the personal and school property in those classrooms and leave the classrooms in equal if not better shape than when they arrived.

Uniforms distributed to athletes are the property of HCA and are to worn for official HCA competition only. They are to be washed after each game following the directions provided when the uniforms are distributed. Uniforms are not be exchanged with other players. Damage done to any uniform, outside the normal use in competition, will be charged to the user. Uniforms and equipment belonging to HCA must be returned within one week of the close of a season. Lost or defective equipment must be reported to the coach or Athletic Director promptly.

VII. TRANSPORTATION

Students are not allowed to transport other students outside their immediate family to or from any HCA event, whether a practice or a game.

For some events, coaches may require athletes to travel together in HCA-provided transportation. In that case, parents who wish to transport their athlete home from the game must be sure to make arrangements with the coach. Otherwise, athletes will be expected to make arrangements to leave shortly after arriving back at HCA on the team bus.

In cases where HCA does not provide team transportation, athletes will be required to ride the HCA parents/grandparents to and from the games. In no case will an HCA athlete be allowed to transport another HCA student outside his/her own immediate family to or from a game.

Unless prior arrangements have been made with the coach, players should be ready to leave the school within 10 minutes after the conclusion of a practice.

When HCA varsity teams travel out of town:

- All athletes will be required to ride in HCA authorized transportation, either the HCA bus or HCA parent vehicles.
- Athletes are expected to stay with the team unless prior arrangements have been made with the coach.
- Upper-classmen will be assigned to each hotel room housing athletes.
- Coaches' rooms will be assigned in close proximity to the team rooms.
- Non-team members are not allowed to stay or enter team rooms.
- Under no circumstances should any student be a hotel room with a member of the opposite sex.

VIII. AWARDS

Lettering – JrHi and varsity athletes may earn letters based upon their participation with the team. A JrHi player will earn a single letter for participation during 7th and 8th grade. Varsity players will earn a varsity letter the first time he/she letters in grades 9-12 with a pin representing that sport. The first time a varsity athlete letters in a particular sport, he/she earns a pin for that sport. Subsequent letters earned in that sport are represented by bars. Standards for lettering are determined by each head coach and should be clearly communicated at the pre-season team meeting with players and parents. These standards should include considerations for character, attitude, regular attendance at games and practices, etc.

Special Awards – Each team will present the following special awards:

- Charger Award, awarded to the player that best exemplifies Christ-like character.
- Most Valuable Teammate Award
- Most Improved Player Award
- Heart and Hustle Award

Awards Banquet – HCA will schedule an awards banquet each semester to present the athletic awards for each JrHi and Varsity sport.

Heritage Christian Academy Coach's Covenant

At Heritage Christian Academy we believe a coach, like a teacher, has a dual responsibility – to demonstrate by his/her example the character of Jesus Christ and to provide quality instruction in his/her specific discipline.

TRAINING IN CHARACTER – “A student is not above his teacher, but everyone who is fully trained will be like his teacher.” – Luke 6:40. By God's grace, I covenant to train my team in character demonstrating in my own life and requiring in my players' lives the following.

- ❑ **Self- Control** – I will keep my emotions in check at all times, avoiding angry responses toward my players, my opponents, the officials, or spectators.
- ❑ **Respect** – I will treat my players, my opponents, the officials and spectators with respect. The competition is my opponent, not my enemy. Even when I disagree with an official's call, I will treat them with the respect due an authority placed over me by God.
- ❑ **Dependability** – I will faithfully meet the commitments I make to my team and Heritage Christian Academy.
- ❑ **Humility** – I will give God the glory for any success he allows my team and me to enjoy.
- ❑ **Perseverance** – I will use losses as opportunities to learn how my team can improve.

QUALITY INSTRUCTION – “. . . whatever you do, do it all for the glory of God.” God is glorified when we strive for excellence, giving each task our best effort.

- ❑ **Thoroughness** – I will make every effort to thoroughly understand the game, know the rules, and devise appropriate strategies to make my team successful.
- ❑ **Diligence** – I will commit to sufficient practice time to give my team the best opportunity for success.
- ❑ **Enthusiasm** – I will approach my coaching ministry with joy, giving it my best effort.
- ❑ **Flexibility** – I will work with the school principal to make a practice schedule that meets with his/her approval and is consistent with school policies.
- ❑ **Determination** – I will set achievable goals for my team, making every effort to help my team reach those goals.

By signing below, I agree, by God's grace, to fulfill the terms of this coaching agreement. I expect to be held accountable and, if at any time I discern I am unwilling or unable to satisfactorily meet these terms, I will voluntarily resign my position.

SIGNED: _____ DATE: _____

**COACHING CONTRACT
HERITAGE CHRISTIAN ACADEMY**

TO: Bill Self

This letter constitutes an offer of employment by Heritage Christian Academy, which will expire if not accepted within 30 days. Acceptance shall be indicated by your signing below and returning this contract to the Principal.

If you accept this offer, Heritage Christian Academy agrees to employ you as:

Varsity boys' basketball coach for the 2010-11 season.

Compensation for your services shall be \$ 000.00 paid in full at the end of the season unless other arrangements agreeable to the HCA administration are made. In addition, you may request compensation for gasoline expenses for any trips you make with your team to tournaments outside the Kansas City metropolitan area.

Your duties under this contract require you to faithfully fulfill the terms of the HCA Coach's Covenant. In addition, your duties will include the following:

- Conduct a pre-season team meeting with team members and parents.
- Organize and supervise all practices for your team. You are responsible to see that all players have left the school site after practice unless another practice is being conducted at HCA.
- Coach your team at all scheduled games.
- HCA does not hire assistant coaches. Any volunteers that you recruit to help you either with practice or during games need to meet the qualifications of the Coach's Covenant and may only serve upon approval by the principal.
- Distribute and collect uniforms.
- Attend the HCA Awards Banquet for your team.

You will be expected to exemplify a devotion to Christ, faith in God's Word, outstanding Christian behavior, and a love for your players.

This agreement contemplates that you will ordinarily serve for the entire season, but your employment may be terminated by either you or the Administration provided the terminating party presents justifiable reasons therefor by written notice 30 days prior to termination. Termination by the Administration will be for failure to fulfill this agreement or because of an outward demonstration of a contrary spirit toward the stated policies of the Heritage Christian Academy as evidenced by a lack of proper conduct, performance, or attitude. In the event of the latter, you will be dismissed immediately. All terms of this agreement are to remain thoroughly confidential.

HERITAGE CHRISTIAN ACADEMY by _____
Stephen G. Adams, Principal

ACCEPTED by _____ **DATE** _____

Heritage Christian Academy Parent's Covenant

At Heritage Christian Academy we believe that parents are the most important teachers in a student's life. As such, Jesus' words take on powerful significance - "A student is not above his teacher, but everyone who is fully trained will be like his teacher." (Luke 6:40.) By God's grace, I covenant to provide a positive role model for by student athlete and to represent my Lord and school well by demonstrating in my own life the following:

- ❑ **Respect** – I will respect the roles that individuals play in an athletic contest. Problems often surface when any one of these individuals assumes a role not their own.

Players play – Players are not perfect – they will make mistakes. I will be careful to provide positive encouragement to all athletes to do their best. I will avoid making disparaging remarks toward players on either team. I will cheer my own team, not jeer the opponent.

Coaches coach – Coaches have a difficult job. In every game, coaches have to make tough decisions, often under trying circumstances, that they hope will make their team succeed. I understand that the coach has the right to make decisions concerning strategy and playing time within the guidelines provided by HCA. I may not agree with a coach's decision, but I respect his/her right to make that decision. If I feel a need to address a concern with a coach, I will do so away from the game and the players.

Officials officiate – Officials work hard to administer the rules of the game ... value their role in the game. When an official makes a call, whether I agree with the all or not, I will accept it, respect it, and move on. I will avoid outbursts of anger directed toward officials.

Fans encourage – I understand that my primary role at an athletic contest is to provide positive encouragement and support for the student athletes.

- ❑ **Self-Control** – By their nature, athletics encourage strong emotional involvement for the fanatic – the long form of the word "fan". I will be sure to direct my emotions into positive support for my student/athlete and the HCA team. At no time will I direct an angry response (either by word or action) toward an official, a coach, a player, or other fans.
- ❑ **Enthusiasm** – I will enthusiastically support the student athletes at HCA by attending their games, providing positive support for their efforts, cheering for their victories and encouraging them in defeat.

By signing below, I agree, by God's grace, to fulfill the terms of this parent agreement. I acknowledge that I have read the HCA Athletic Handbook. If at any time it become apparent that my attitudes or actions are at odds with this covenant, I expect to be held accountable by the HCA administration in the spirit of Matthew 18 and agree to submit to their counsel.

SIGNED: _____ DATE: _____

Heritage Christian Academy Student Athlete Covenant

At Heritage Christian Academy, we believe that the athletic program is a complementary part of the educational and spiritual emphasis of the school. It has been said that athletics builds character; although that may be true, it is often true that athletics reveals character.

As a student athlete at Heritage Christian Academy, I make a commitment to demonstrate the following character qualities in my participation:

- ❑ **Self- Control** – I will keep my emotions in check at all times, avoiding angry responses toward my coach, my opponents, the officials, or spectators.
- ❑ **Respect** – I will treat my coach, my opponents, the officials and spectators with respect. I recognize that my coach is my authority on my team, and I will respect his/her decisions and leadership and abide by team rules established by my coach. The competition is my opponent, not my enemy. Even when I disagree with an official’s call, I will treat them with the respect due an authority placed over me by God.
- ❑ **Dependability** – I will faithfully meet the commitments I make to my team and Heritage Christian Academy. I will faithfully attend all scheduled practices and games and assume the responsibility of notifying my coach if I am unable to attend. I commit to give me best effort as a student and will work diligently to maintain my academic eligibility.
- ❑ **Diligence** – I will give my best effort at every practice and game to improve my skills and help my team win.
- ❑ **Selflessness** – I recognize that I am a part of a team and commit to making my team and teammates successful. If necessary, I will sacrifice personal, individual success for the success of the team.
- ❑ **Leadership** – As a student athlete, I recognize that I hold a leadership position at HCA. I commit to model Christian character in the classroom, giving my teachers the respect due them as God’s authority in my life, treating my fellow classmates with respect, and consistently giving my best effort in my studies.
- ❑ **Humility** – I will give God the glory for any success He allows my team and me to enjoy.

As a student athlete at HCA, I recognize that I am representing my family, my school, and my Savior. I expect to be held accountable to these commitments by my coach, my teachers, and my administrator.

Signed: _____ Date: _____

**HERITAGE CHRISTIAN ACADEMY
COACH'S POST-SEASON REVIEW**

Coach _____

Sport _____ Date _____

Assistant Coaches: _____

Class Breakdown of Team:

| | | | |
|-------------------------|-------|------------|-------|
| 6 th Graders | _____ | Freshmen | _____ |
| 7 th Graders | _____ | Sophomores | _____ |
| 8 th Graders | _____ | Juniors | _____ |
| | | Seniors | _____ |

Team Record: Wins _____ Losses _____ Ties _____

EQUIPMENT REVIEW

Uniforms

Practice equipment

Transportation

COMPETITION REVIEW - What would you do the same or what would you change in each of these areas?

Practices

Team Selection

Substitution Policy

Offensive Philosophy

Defensive Philosophy

Summer of Off-season program

SPIRITUAL IMPACT

What did you do proactively to encourage spiritual growth in your team?

What did you do to promote team unity?

In what ways have you observed spiritual growth or character development in your team?

GOALS

What goals (personal/team) were met this year?

What goals (personal/team) we not met this year?

What was your greatest victory this year?

What was your greatest disappointment/frustration this year?

LOOKING AHEAD

How can the following members of the HCA team help you more effectively?

Administrative Staff

Athletic Director

HCA Faculty

What concerns do you have about the total athletic program at HCA (students, parents, coaching staff, equipment, facilities, league, etc.)?

Would you like to return as coach next year?

AWARDS

Identify you players you have designated to win each of these award for this season:

Charger Award (awarded to the player that best exemplifies Christ-like character)

Most Valuable Teammate Award

Most Improved Player Award

Heart and Hustle Award

HERITAGE CHRISTIAN ACADEMY
ATHLETIC DIRECTOR
JOB DESCRIPTION

REPORTS TO: High School Principal of HCA

SUPERVISES: Coaches and players of HCA

CHARACTER QUALITIES REQUIRED

- A Christian testimony consistent with the HCA statement of faith
- Discipler's heart – Ability to see athletics as a discipling ministry
- Diplomatic – Ability to handle difficult interpersonal situations with grace
- Dependable – Willingness to faithfully meet the commitments of the Athletic Director position
- Organizational Skill – Ability to keep necessary records, schedule games and practices, plan and execute special events
- Flexibility – Ability to work with the other ministries of HCA to fit the athletic program into the total school program

RESPONSIBILITIES

- Represent HCA at league meetings
- Administer the policies of the HCA Athletic Handbook
- Present for approval and administer an annual athletic budget
- Work with coaches to indentify goals (both spiritual and athletic) for each team
- Schedule games, HCA hosted tournaments and practices coordinating with the HS principal in respect to the school's master calendar
- Attend all athletic events hosted by HCA (i.e. "home" games)
- Hire game officials for all inter-scholastic events
- Line up scorekeepers, timer, and gate personnel needed for conducting inter-scholastic events
- Order new equipment and maintain existing equipment
- Work with HS principal and coaches in ordering uniforms
- Administer athletic eligibility program
- Work with HCA HS principal to identify, interview, hire, and evaluate coaches
- Collect all forms necessary for athletic participation (ex. annual physical exams)
- Organize and implement annual awards banquet

**HCA COACHING STAFF
2010-11**

- Varsity soccer – Tony Felich
- JrHi soccer – Dennis Mullins
- Varsity/JV volleyball – Ashleigh Winkler
- JrHi VB –
- Varsity Boys basketball – Jim Baxter
- JV Boys basketball – Kevin Schutte
- JrHi Boys basketball – Chip Wiebeck
- Varsity Girls basketball – Steve Adams
- JrHi Girls basketball – Tammie Wolt
- Varsity Girls Soccer – Chico Chiraboga
- Varsity baseball – Bart Briley
- Track – Mark Dunn